



3 Days of Intensive Training with Sigung Richard Clear

Sigung Clear strips away the fluff & filler to teach you how Xing Yi really fights and why it is so powerful.

Build Internal Power

- You will learn various internal energy palms for more striking power:
 - Heavy Hand, Xing-I internal iron palm, poison hand, short / no distance fa-jin striking, Universal (yin & yang) energy palm, springy palm, crushing / condensing palm and how to train for Dim Mak striking (including pin-pointing strikes inside the body).
- Iron Body skills for neutralizing opponent's strikes and internal power

Workshop Details

Date: April 22, 23 & 24

Time: 10am – 6pm

Cost: \$595

Where: 113 E Broadway Maryville, TN 37804

Contact: Richard Clear • (865) 379-9997
rclear@clearsilat.com

Register Now!

(865) 379-9997 -- www.ClearsXingYi.com